



## *Fortify Cares: Better Care. Healthier Children.*

*Fortify Cares* is a program designed to support you and your family in managing your child's chronic condition. We know it can be difficult for families to keep track of different medications, identify concerning symptoms, and avoid problems that can result in a visit to the hospital. *Fortify Cares believes in optimal well-being for every child* and is here to help you access resources that support your child's overall physical and mental health and their ability to participate fully in school and other activities.

### Our Care Management Team Can Help You:

- Connect with community resources for your medical, social and financial needs, as available.
- Navigate complex health systems and services for your child.
- Identify and address barriers to meeting your child's wellness needs.
- Coordinate care with your child's health care team (primary care provider, specialists, school nurses, etc.).
- Learn more about your child's condition through provider-approved resources.



### Eligibility:

Your family may be eligible for *Fortify Cares*, **at no cost to you**, if your child:

- Has been diagnosed with Asthma (ages 2 years and older), Sickle Cell Disease (all ages), or Diabetes (all ages; Type 1 & Type 2)
- Is covered by Anthem (Commercial or Medicaid), Sentara Community Plan (Medicaid), Humana Healthy Horizons (Medicaid), or United Healthcare (Medicaid)
- Has a primary care provider who is part of Fortify Children's Health's Network

Fortify's care management team will confirm your specific eligibility.

### How It Works:

As your child's parent or guardian, you will be connected with one of Fortify's Care Managers via phone or video call who will ask you a series of questions to learn more about your child's unique needs. Once we know more about your child, we will:

- Work with you to develop a plan of care that makes sense for your family.
- Share your child's care plan with their primary care provider so they can help your child manage their condition and meet their health goals.
- Connect with you monthly to identify any new barriers and provide ongoing support to you and your child.

For more information, please call 833-324-1234 x 700 or email [caremanagement@fortifychildrens.org](mailto:caremanagement@fortifychildrens.org)

Learn more at [www.FortifyChildrens.org/Family-Resources](http://www.FortifyChildrens.org/Family-Resources)